



## Health Policies & Procedures

Christian LIFE Academy Stuttgart (CLAS) is committed to ensuring the health and safety of all students and staff. Our health policies are designed to align with **German health and safety regulations** while supporting our **Christ-centered mission**. The following policies clearly outline **admissions health criteria, immunization requirements, illness procedures, and emergency protocols** to ensure alignment with the school's mission and expectations.

### Health Insurance Requirement

All students at CLAS are **required to have valid health insurance coverage**. CLAS provides a **supplemental student accident insurance policy**, which covers injuries sustained at school or school-sponsored events, including sports. This insurance acts as **secondary coverage** and applies after a student's primary insurance.

### Immunization Policy

To protect the health of our community, CLAS adheres to German immunization standards, particularly the **Masernschutzgesetz (Measles Protection Law)** and **Infektionsschutzgesetz**. Immunization records must be submitted **prior to enrollment** and kept current throughout the student's time at CLAS.

#### •Required Immunizations:

- MMR (Mumps, Measles, Rubella)
- DPT (Diphtheria, Pertussis, Tetanus)
- Haemophilus Influenza Type b (Hib)
- Hepatitis B
- Pneumococcus
- Meningococcus

- Varicella
- Influenza
- HPV
- Polio
- Rota

Proof of **two doses of the measles vaccine** is **mandatory** for all students and staff. CLAS reserves the right to **deny enrollment** or **exclude non-vaccinated students** in compliance with legal health requirements. Non-immunized students and staff may be subject to fines of up to €**2500** imposed by health authorities.

## Illness & Contagious Diseases

CLAS is committed to preventing the spread of illness within the school. Students must **stay home** if they exhibit any of the following symptoms:


- ✓ Fever (**38°C/100°F or higher**)
- ✓ Vomiting or diarrhea
- ✓ Suspected or confirmed contagious disease
- ✓ Severe cold symptoms (runny nose, coughing, sneezing)
- ✓ Sore throat, red or runny eyes, or unexplained rash
- ✓ Swelling around the neck




### Returning to School:

- Students must be **symptom-free for at least 24 hours** before returning.
- If prescribed antibiotics, students may return **24 hours after the first dose**.
- A **doctor's note** is required for absences **longer than two days** or for returning after a contagious illness (e.g., chicken pox, conjunctivitis).

CLAS reserves the right to **exclude students** from school **until they are deemed non-contagious**.

## Lice Policy

To maintain a healthy learning environment, CLAS has a **strict no-live-lice policy**. Students found with **active head lice** will be sent home for treatment. Parents must:  Administer an appropriate lice treatment.

-  Remove all live lice and as many nits as possible.
-  Wash and disinfect bedding, clothing, and personal items.
-  Notify the school so that appropriate precautions can be taken.

### Returning to School:

- Students may return **after receiving treatment** and must be checked by school personnel before re-entering the classroom.
  
- If **live lice are still present**, students will need to return home for further treatment.

CLAS conducts **routine lice screenings** and encourages parents to check their child's hair regularly to prevent outbreaks.

## Emergency Medical Procedures

All students must have a **notarized Medical Release Form** on file, providing emergency contact details and medical history. In case of a **medical emergency**, the school will:

1. **Notify the student's parents/guardians.**
2. If a parent/guardian is unavailable, contact the **emergency contact** listed on file.
3. Seek **immediate medical attention** if necessary (hospital or local doctor).

CLAS is required by German law to **ensure medical care for students**, even if parents cannot be reached. Parents are responsible for keeping all **emergency contact information up to date**.

## Accident & Injury Procedures

- **First Aid:** All classrooms are equipped with a **basic first aid kit**.
- **Minor injuries** (scrapes, cuts) will be cleaned and bandaged at the school office.
- **Serious injuries:** Parents will be contacted immediately, and emergency services will be called if necessary.
- All accidents must be **reported to the Principal within 24 hours** and documented for insurance purposes.

## Medication Administration Policy

To ensure the safety of students, **all medications** must be handled according to the following guidelines:

- ✔ **Medication must be administered at home whenever possible.**
- ✔ If medication must be taken during school hours, it must be stored in the **school office**.
- ✔ **Prescription medication** must be in the **original pharmacy container** with a **doctor's note**.
- ✔ **Over-the-counter medication** requires **written parental permission**.
- ✔ Students are **not permitted** to carry medication, unless authorized for life-threatening conditions (e.g., asthma, diabetes, severe allergies).
- ✔ A **Medication Authorization Form** must be on file for each medication.

## Hygiene & Prevention Policies

To maintain a **safe and sanitary school environment**, CLAS enforces strict hygiene practices:

- ✔ **Handwashing:** Students are required to wash hands regularly, especially before meals and after using the restroom.
- ✔ **Handling Bodily Fluids:** Staff must use **disposable gloves** when handling bodily fluids.
- ✔ **Cleaning & Sanitization:** Common areas, classrooms, and restrooms are disinfected regularly.
- ✔ **Health Education:** Students are educated on hygiene, illness prevention, and healthy living.

## Commitment to Health & Safety

CLAS is dedicated to maintaining a **safe and healthy learning environment** aligned with its **Christian values** and **educational mission**. By adhering to these policies, we ensure that students, families, and staff work together to create a **caring and responsible community** that prioritizes **well-being, academic success, and spiritual growth**.